

# BLISS BISTRO

SINCE 2015

ME  
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## LET'S MAKE A TOAST

Make a full sandwich for \$1.00

### TOAST & JAM 1.49

Buttered & toasted bread served with your choice of jam.

### HUNKA HUNKA 2.25

Peanut butter, banana, & honey toast fit for a King!

### GREEN DAY 2.99

Perfectly seasoned avocado, on toasted wheat berry toast.

### WAKEY WAKEY 4.99

Green Day with eggs and bacon

### CALIFORNIA CAPRESE 5.99

Advocado toast piled with spring mix, then covered with baby tomatoes, and basil, then drizzled with a balsamic reduction.

### LA LADY 8.99

She's a little extra! Avocado toast loaded with bacon, fried egg, spring mix, tomato, a scattering of feta cheese, then sprinkled with with Everything Bagel and hot pepper flakes. Want to add more protein? Let us sprinkle some chia, hemp, flax, and pumpkin seeds on top for \$2.00

## BREAK YOUR FAST

### BREAKFAST BURRITO 4.99

Sausage, eggs, cheese, peppers, onions, & potatoes all rolled up in a flour tortilla.

### SUNSHINE SAMMIE 5.50

Your choice of sausage or bacon, eggs, and cheese on a buttery warm croissant.

### B.E.A.T. IT 6.50

Showin' how funky we are with this Bacon, Egg, Avocado, and Tomato sandwich. We'll even add the lettuce...

### WAFFLIN' AROUND 4.49

Your choice of a sugar crusted OR chocolate chip Belgian waffle with your choice of 3 toppings. Butter, sugar, strawberries, bananas, peanut butter, Nutella, Pecans, Maple Syrup. Extra toppings .50 each.

### BABY QUICHE 3.99

Your own individual baby quiche! Ask about our daily flavors!

## LET'S BOWL

### MIGHTY MEATY BOWL 7.50

Where's the meat? It's right here! Scrambled eggs, cheese, sausage, ham, and bacon.

### LOAD IT UP BOWL 8.99

You want it all? Sausage, bacon, ham, potatoes, onion, peppers, 3 scrambled eggs, and cheese

### OATMEAL YOUR WAY 1.99+

Hot oats mixed with 3 of your favorite toppings, add more for \$0.50 each. Choose from: Strawberries, Blueberries, Banana, Craisins, Peanut Butter, Nutella, Brown Sugar, Chocolate Chips, Maple Syrup, Granola. Power Seed Blend, Pecans

## YOU'RE SO SMOOTH

Bowls blended with your choice of Coconut Water or Apple Juice

### BOOGIE BOWL 8.99

Organic Acai or Dragonfruit (Pitaya) base Peanut Butter, Granola, Bananas, Strawberries, Blueberries, Honey, Coconut Flakes, Power Seed Blend

### PUMP UP THE JAM 7.99

Organic Acai or Dragonfruit (Pitaya) base , Peanut Butter, Strawberries, Power Seeds, and Pumpkin seeds

### COCOA LOCO 7.99

Organic Acai or Dragonfruit (Pitaya) base , Nutella, Strawberries, Chocolate Chips

### ANY WAY YOU WANT IT 8.99

Organic Acai or Dragonfruit (Pitaya) base with your choice of 5 toppings

## BOTTOM'S UP

Coffee drinks can be made hot, iced, or blended with freshly roasted Shoals Coffee Company beans. Sub almond milk \$1.00. Extra shot of espresso \$1.00

### FRESH BREWED DRIP 2.75

### SHOT IN THE DARK 3.75

Fresh brewed drip with two shots espresso

### WHOLE LATTE LOVE 4.75

Espresso and steamy creamy milk served plain or mixed with your favorite flavors.

### BREVE 5.25

Espresso combined with heavenly half and half. Plain or mixed with your favorite flavors.

### MACCHIATO 4.75

Upside down latte made plain or with your favorite flavors with the espresso on top!

### VIETNAMESE 5.25

Our rich and smooth cold brew combined with sweet, thick, condensed milk.

### MOCHO LOCO 5.25

The ultimate mocha! Espresso and chocolate syrup topped with steamed chocolate milk!

### FRAPPE 5.75

It's like a rich coffee milkshake for breakfast! Ask about our flavors!

### NUTTY PROFESSOR 8.25

Coming in at over FORTY grams of protein, this powerful meal in a cup frappe is combined with milk, chia/hemp/flax seeds, peanut butter, and pepitas. So yummy!!

## A SPOT OF TEA

Straight to you from Piper and Leaf Tea Company in Lacey's Spring, Alabama!

### HOT OR ICED TEA 3.49

Ask about our featured flavors!

### TEA-LATTE 4.99

Pump up your favorite tea with 2 shots of espresso and steamed milk.

### BOBA TEA 5.99

Traditional Boba or flavored popping pearls, your tea of choice, and milk make this a sweet tea treat! Not crazy about milk tea? Ask us about our flavoring syrups!

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## EAT YOUR GREENS

Available in half and full sizes. Add a slice of Strawberry Pretzel Salad and a drink for \$3.75. Add a scoop of a spread or grilled chicken strips for \$3.00

### FARMER'S MARKET 4/7

Lettuce, tomato, cucumber, red onion, cheese, bacon bits, and homemade Ranch

### VERY BERRY 4.5/7.5

Lettuce, strawberries, blueberries, onion, raisins, pecans, blue cheese, and homemade strawberry vinaigrette.

### BIG FAT GREEK 4.5/7.5

Lettuce, tomato, onion, cucumber, black olives, banana peppers, and feta with homemade Greek vinaigrette

### ALL THA MEATS 5.5/8.5

Lettuce, tomato, cucumber, red onion, cheese, bacon bits, Ham, turkey and homemade Ranch

### WHAT'S THE SCOOP 3.99

A generous scoop of Pecan Chicken Salad, Bacon Cheddar Chicken Salad, Triple Cheese Pimento, or Wicked Pimento Cheese served with crackers

### TERRIFIC TRIO 8.99

Can't decide? Get a smaller portion of three of our green salads or spreads! Served with crackers

### THE TWO FER 8.99

Pick two of your faves! Half size salad, half sandwich, half panini (\$1.00 extra), or baby quiche

## MAKE ME A SAMMICH

Includes chips. Add a slice of Strawberry Pretzel Salad and a drink for \$3.75. Choice of croissant, sourdough, wheatberry, or wrap. Add avocado for \$1.00

### PECAN CHICKEN SALAD 6.50

The sandwich that launched Bliss! Roasted chicken, raisin, and pecan simplicity!

### BACON CHEDDAR CHICKEN SALAD 6.50

Protein lover's delight with roasted chicken, bacon, cheese, and ranch seasoning.

### TRIPLE CHEESE PIMENTO 6.50

Hand grated Cheddar, Jack, & Monterey cheeses combined with our secret blend of spices. Like spice? Make it wicked!

### BLT 8.50

Sometimes a sandwich doesn't need a cutesy name...everyone's favorite toasted yummy.

### DA CLUB 8.50

It's a mouthful! Ham, Cheddar, Turkey, Colby Jack, Bacon, Lettuce, and Tomato piled high with mustard and mayo on the side.

## SOME LIKE IT HOT

Includes chips. Add a slice of Strawberry Pretzel Salad and a drink for \$3.75. Choice of croissant, sourdough, or wheatberry bread. Add avocado for \$1.00

### GRILLED PCB 7.50

Pimento cheese? Bacon? Grilled? Yep! Gotta try it! Like spice? Try our wicked!

### SO-CAL PIMENTO 7.50

### BLT

How do you put some city in Southern pimento cheese and bacon? You add our specially seasoned avocado mash, lettuce, and tomato and slap it on the grill

### CHEESY PIG 7.50

Grilled ham and cheese with bacon! Oink!

### SWEET TURKEY & SWISS 7.50

Grilled turkey and Swiss with sweet and spicy pepper jelly

### CHICKEN BACON RANCH 8.99

Chicken, cheese, and bacon drizzled with ranch and thrown on the grill

### RUBY ROSE'S FANCY CHICKEN SANDWICH 8.99

Our yummy grilled chicken strips drizzled with honey mustard then covered with bacon, cheddar, & sweet and spicy pickles. Served with mayo on buttered sourdough bread. Aunt Ruby would love it!

### MONTE CRISTO WAFFLER 8.50

Sugar pearl Belgian waffle sandwich stuffed with ham, Swiss cheese, and strawberry jam.

### TURKEY BLT WAFFLER 8.50

There's nothing basic about this BLT! Turkey, bacon, lettuce, tomato, and mayo between two Belgian Waffles.

## CHILD'S PLAY

Includes chips and a drink.

### THIS LITTLE PIGGY 3.99

Ham and cheese sandwich

### THE GOBBLER 3.99

Turkey and cheese sandwich

### PB&J 3.99

You can't go wrong with this classic

### GRILLED CHEESE 3.99

Melty grilled cheese sandwich