



MENU

BREAKFAST . LUNCH . COFFEE . BEER . WINE

MONDAY-FRIDAY

7:00 AM-3:00 PM

BREAKFAST

Breakfast Panino | 9.50

Choice of bacon, turkey or ham
Scrambled eggs & cheddar on ciabatta
... make it Sexy! with tomato, green
onion & pesto | 2

Bruschetta | 9.25 ●

Scrambled eggs, green onion, tomato,
cheddar & pesto on focaccia
... add turkey or ham | 2.95
... add bacon | 3.95

Burrito | 10

Choice of bacon, turkey or ham
Scrambled eggs, potato & cheddar
pressed in a spinach wrap
... make it Sexy! with tomato, green
onion & pesto | 2
... add avocado | 3.95

Uova Benedetto | 9.75

Poached eggs, prosciutto, provolone,
pesto & olive oil on focaccia

Uova Purgatorio | 9.75 ●

Poached eggs, provolone, marinara &
basil on focaccia

Omelette | 9 ●

tomato, cheddar & red onion with a
side of focaccia
... add turkey or ham | 2.95
... add bacon | 3.95
... add avocado | 3.95

Breakfast Pizza | 15

Scrambled eggs, bacon, red peppers,
green onion, marinara, cheddar &
parmesan

Fresh Fruit | 7 ●

Berries, banana & melon

Granola Parfait | 8.50 ●

Greek yogurt, berries, banana, nut
granola & cinnamon



BAGEL

Bagel | 4.50 ●

Plain, Wheat, Blueberry, Cinnamon
Raisin, Everything, Onion &
Jalapeño Cheddar
... with cream cheese | 5.50
... with avocado | 7.25

Fit Bagel | 9 ●

Avocado, egg whites, tomato, black
pepper & olive oil on a wheat
bagel
... add ham or turkey | 2.95
... add bacon | 3.95

Sexy Bagel | 8 ●

Cream cheese, tomato, red onion,
pesto, basil & black pepper on your
choice of bagel
... add ham or turkey | 2.95
... add bacon | 3.95

Smoked Salmon Bagel | 12.50

Cream cheese, smoked salmon,
capers, red onion, tomato, olive oil &
black pepper on your choice of bagel

WRAP

Chicken Caesar Wrap | 8.50

Grilled chicken, tomato, provolone,
lettuce & Caesar dressing

Spicy Chicken Western Wrap | 8.50

Chicken, provolone, tomato, lettuce &
chipotle

● Vegetarian

COFFEE

	SM	M	LG
Drip Coffee	2.70	2.95	3.20
Caffè Au Lait	3.40	3.70	3.90
Ice Coffee	2.90	3.20	3.45
Caffè Espresso	2.70	3.15	3.95
Caffè Americano	3.20	4.00	4.80
Espresso Macchiato	2.80	3.55	4.35
Espresso con Panna	2.80	3.55	4.35
Caffè Latte	4.20	4.70	5.20
Cappuccino	4.20	4.70	5.20
Caramel Machiavelli	5.00	5.45	5.90
Latin Latte	5.00	5.45	5.90
Mocha-Angelo	4.80	5.20	5.60
White Mocha-Angelo	4.75	5.15	5.55
Chai Latte	4.50	5.00	5.45
Caffè Frappé		5.05	5.55
Kids Cocoa	3.15		
Hot Chocolate	3.50	4.10	4.45
Caramel Apple Cider	4.20	4.70	5.20
Italian Soda	3.70	3.95	4.20
Hot Tea	3.70	3.70	3.70
Iced Tea	3.75	3.85	3.95
Seasonal Drink Menu	5.30	5.70	6.10
Wellness Lattes	4.70	4.95	5.20

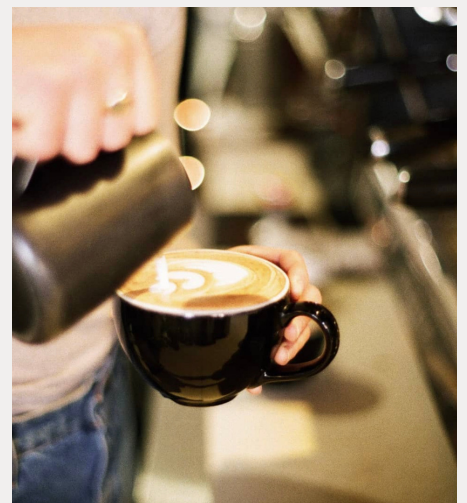
-Matcha -Golden -Nero -Cielo Blu

Milk Options

-Whole -Nonfat -Almond | 1 -Oat | 1
-Macadamia | 1 -Soy | 1 -Coconut | 1

Add a shot | 1

Add syrup | .75





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PANINO

Prosciutto e Mozzarella | 10.25

Prosciutto, mozzarella, basil & tomato

Italian Club | 10.25

Choice of turkey or chicken
Bacon, tomato, provolone, romaine & pesto-mayo

Turkey e Cheese | 10.25

Turkey, red onion, tomato, cheddar, romaine & mayo

Toscana | 10.25

Chicken, tomato, provolone, arugula, pesto-mayo & balsamic

Chicken e Peperonata | 10.25

Capers, chicken, red bell pepper, red onion, black olives, basil & goat cheese

Romano | 10.25

Meatball, marinara, basil, mozzarella & parmesan

California Amalfitana | 10.25

Tuna, tomato, pesto, avocado, provolone, pesto-mayo & lemon

Cubano | 10.25

Cuban pork, ham, pickles, provolone & dark ale mustard

Caprese | 10.25 ●

Tomato, basil & mozzarella
... add avocado | 2.75

Goat Cheese e Roasted Peppers | ●

10.25

Basil, peppers, goat cheese, capers & green onion

Verdure | 10.25 ●

Eggplant, zucchini, tomato, red peppers, mozzarella, arugula & pesto



PIZZA

Margherita | 11.50 ●

Tomato, basil & mozzarella

Prosciutto | 12.50

Mozzarella, prosciutto, tomato & basil

Pepperoni | 12.50

Mozzarella, tomato & pepperoni

Meatball | 12.50

Meatball, tomato & mozzarella

Meat-lovers | 15

Pepperoni, meatball, prosciutto, tomato & mozzarella

Vegetarian | 12.50 ●

Eggplant, red & yellow peppers, zucchini, arugula, mozzarella, tomato & balsamic glaze

● Vegetarian

SALAD

Rucola Rucola | 9.50 ●

Arugula, tomato, red onion, parmesan, olive oil, balsamic

Kale e Radicchio | 12 ●

Quinoa, kale, radicchio, apple, pecan, avocado, olive oil & lemon

Caesar | 8.50

Croutons, parmesan & romaine
... add chicken | 3
... add avocado | 2.75

Caprese | 9.50 ●

Mozzarella, tomato & basil
... add chicken | 3
... add avocado | 2.75

California Amalfitana | 10.50

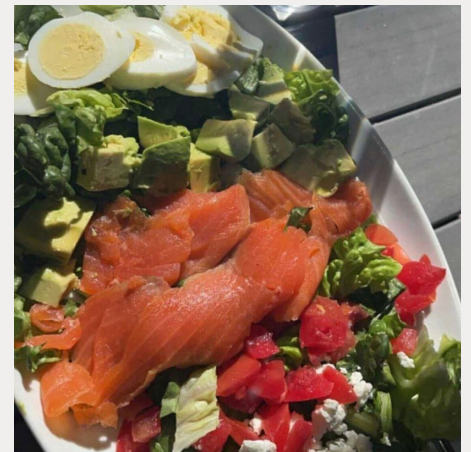
Tuna, black olives, pesto, tomato, romaine & Caesar dressing

Smoked Salmon Cobb | 13

Bacon, smoked salmon, avocado, tomato, hard-boiled egg, goat cheese, romaine & buttermilk dressing

Grilled Veggie Salad | 10.50 ●

Kale, goat cheese, zucchini, eggplant & red and yellow peppers.



SIDES+ BITES

Make it Sexy! | 2

tomato | green onion | pesto

Bag of chips | 2.75

Caesar or House salad | 3.50

Wedge Fries | 4

Fruit | 4.45

Mozzarella Sticks

3pc | 4

6pc | 7

Check out our
Specials Menu
Changes seasonally

BEVERAGES

Ask us about our beer & wine selections

Aqua Panna

Pellegrino

Flavored Pellegrino

Coke

Diet Coke

Sprite

Orange Juice

Apple Juice