

MENU

Breakfast. Available till 3pm

Early Bird Bowl | 13

Poached egg, ham, avocado, tomato, hummus, green onion, kale, sprouts & brown rice

Panino | 10

Choice of bacon, turkey or ham
Scrambled eggs & cheddar on ciabatta
... make it Sexy! with tomato, green onion & pesto | 1.95

Bruschetta | 9.50

Scrambled eggs, green onion, tomato, cheddar & pesto on focaccia
... add bacon, turkey or ham | 2.35

Burrito | 10

Choice of bacon, turkey or ham
Scrambled eggs, potato & cheddar pressed in a spinach wrap
... make it Sexy! with tomato, green onion & pesto | 1.95
... add avocado | 2.75

Aroma Special | 12

Two eggs your way, bacon, house potatoes & toast

Uova Benedetto | 10

Poached eggs, prosciutto, provolone, pesto & olive oil on focaccia

Uova Purgatorio | 10

Poached eggs, provolone, marinara & basil on focaccia

Omelette | 9.75

tomato, cheddar & red onion with a side of focaccia
... add bacon, turkey or ham | 2.35
... add avocado | 2.75

Pizza | 14

Scrambled eggs, bacon, red peppers, green onion, marinara, cheddar & parmesan

Belgian Waffle | 9

Made by the Belgian guy that lives in the kitchen!
Served with maple syrup, butter & powdered sugar
... add strawberries, banana & Nutella | 1.95
... add bacon | 2.35

Fresh Fruit | 7

Berries, banana & melon

Granola Parfait | 8

Greek yogurt, berries, banana, nut granola & cinnamon

Oatmeal | 6

Apple Walnut, Vermont Maple, Coconut Maple

Vegetarian

Bagels & GF Toast.

Bagel | 4

Plain, Wheat, Blueberry, Cinnamon Raisin, Everything, Onion & Jalapeño Cheddar
... with cream cheese | 5
... with avocado | 5.50

Fit Bagel | 10

Avocado, egg whites, tomato, black pepper & olive oil on a wheat bagel
... add ham, turkey or bacon | 2.35

Sexy Bagel | 8.50

Cream cheese, tomato, red onion, pesto, basil & black pepper on your choice of bagel
... add ham, turkey or bacon | 2.35

Smoked Salmon Bagel | 13.50

Cream cheese, smoked salmon, capers, red onion, tomato, olive oil & black pepper on your choice of bagel

Avocado Toast | 7.25

Avocado spread, basil, sun-dried tomatoes, red onion, parmesan, olive oil & black pepper on Gluten-free bread
... add an egg | 2.95

Peanut Butter Toast | 6

Peanut butter on Gluten-free bread
... add strawberries or banana | 1.95

Caffè Beverages.

	SM	M	LG
Drip Coffee	2.60	2.85	3.10
Caffè Au Lait	3.30	3.60	3.80
Nitro Cold Brew	4.60	5.10	5.55
Ice Coffee	2.80	3.10	3.35
Caffè Espresso	2.60	3.05	3.85
Caffè Americano	3.10	3.90	4.70
Espresso Macchiato	2.70	3.45	4.25
Espresso con Panna	2.70	3.45	4.25
Caffè Latte	4.10	4.60	5.10
Cappuccino	4.10	4.60	5.10
Caramel Machiavelli	4.90	5.35	5.80
Latin Latte	4.90	5.35	5.80
Mocha-Angelo	4.70	5.10	5.50
White Mocha- Angelo	4.65	5.05	5.45
Chai Latte	4.40	4.90	5.35
Caffè Frappé		4.95	5.45
Heath Bar Frappé		5.10	5.60
Kids Cocoa	3.05		
Hot Chocolate	3.40	4.00	4.35
Caramel Apple Cider	4.10	4.60	5.10
Italian Soda	3.60	3.85	4.10
Hot Tea	3.60	3.60	3.60
Iced Tea	3.65	3.75	3.85
Wellness Lattes	4.60	4.85	5.10
-Matcha -Golden -Nero -Rosso -Cielo Blu			
Milk Options			
-Whole -Nonfat -Almond -Oat -Macadamia -Soy -Coconut -Pistachio			

Other Beverages.

Coconut Water	Coke	Flavored Pellegrino
Diet Coke	Pellegrino	Aqua Pana
Apple Juice	Pressed Juice	Orange Juice



MENU

Panini. Add a side salad | 3.50

Prosciutto e Mozzarella | 11
Prosciutto, tomato, mozzarella & tomato

Turkey e Cheese | 11
Turkey, red onion, tomato, cheddar, romaine & mayo

Italian Club | 11
Choice of turkey or chicken
Bacon, tomato, provolone, romaine & pesto-mayo

Toscana | 11
Chicken, tomato, provolone, arugula, pesto-mayo & balsamic

Chicken Caesar | 11
Tomato, provolone, romaine & mustard

Chicken e Peperonata | 11
Capers, chicken, red bell pepper, red onion, black olives, basil & goat cheese

Romano | 11
Meatball, marinara, basil, mozzarella & parmesan

Tuna Pesto e Avocado | 11
Tuna, tomato, pesto, avocado, provolone, pesto-mayo & lemon

Caprese | 11 ♦
Tomato, basil & mozzarella
... add avocado | 2.75

Goat Cheese e Roasted Peppers | 11 ♦
Basil, peppers, goat cheese, capers & green onion

Verdure | 11 ♦
Eggplant, zucchini, tomato, red peppers, mozzarella, arugula & pesto

Nutella | 9 ♦
Nutella & powdered sugar on ciabatta
... add strawberries & banana | 1.95

Pizza.

Margherita | 12 ♦
Tomato, basil & mozzarella

Prosciutto | 14
Mozzarella, prosciutto, tomato & basil

Pesto e Parmigiano | 13 ♦
Sun-dried tomatoes, mozzarella, marinara, pesto & parmesan
... add chicken | 3

Chicken Piccata | 14
Lemon, capers, chicken, red onion, red peppers, olives, mozzarella & parmesan

♦ Vegetarian

Salads & Bowl.

Gladiator Bowl | 13 ♦
Available till 3pm
Poached eggs, garbanzo bean, hummus, green onion, kale, sprouts & brown rice

Rucola Rucola | 10 ♦
Arugula, tomato, red onion, parmesan, olive oil, balsamic

Kale e Radicchio | 12 ♦
Quinoa, kale, radicchio, apple, pecan, avocado, olive oil & lemon

Caesar | 9.50 ♦
Croutons, parmesan & romaine
... add chicken | 3
... add avocado | 2.75

Caprese | 10 ♦
Mozzarella, tomato & basil
... add chicken | 3
... add avocado | 2.75

Tuna e Pesto | 10
Tuna, black olives, pesto, tomato, romaine & Caesar

Smoked Salmon Cobb | 13.50
Bacon, smoked salmon, avocado, tomato, hard-boiled egg, goat cheese, romaine & buttermilk dressing

Vino.

White	Glass	Bottle
Chateau St. Michelle Dry Riesling 2019 Washington	7	26
Candoni Pinot Grigio 2020 Venezie, Italy	6	26
Charles Krug Chardonnay 2019 Napa Valley, CA	9	32
Whitehaven Sauvignon Blanc 2021 New Zealand	7	26
Red		
La Maialina Chianti 2018 Cerreto Guidi, Italy	7	28
Santa Cristina Rosso Toscana 2018 Tuscany, Italy	8	28
Robanera Lambrusco Cavicchioli, Italy	7	28
Sofia Brut Rose 2019 Monterey County, CA	9	32

Red on Tap	
Fourteen Hands 9 Merlot Geyserville, CA	Imagery 9 Pinot Noir Sonoma, CA
Fourteen Hands 9 Cabernet Columbia Valley, WA	Stemmari 7 Nero D'avola Sicily, Italy

Birra.

Ask our staff about our rotating beers on tap!
-Lager -Pale Lager -West Coast IPA -Hazy IPA -Sour Ale
-Blonde Ale -White Ale -Pale Ale -Barrel-aged Stout

Cocktails.

Mimosa 9 -Orange -Blood Orange	Bellini 9 -Peach -Mango	Prosecco 8 Bottle Service 28
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Happy Hour: Weekdays 3p-6p

