

# Kathryn's Soul

"Heaven on a Plate"

**773-231-0782**

½ pan serves 10-12, Large pan serves 20-25

## Appetizers

### **Whole Chicken Wings Oven Roasted Chicken**

*Baked BBQ/ Jerked, Add Gravy \$5*

25 Wings ..... \$55.00  
50 Wings ..... \$105.00

### **Jumbo Shrimp Scampi (Shrimp Only)**

50 pieces ..... \$50.00  
100 pieces ..... \$95.00

### **BBQ Meatballs**

½ pan ..... \$60.00

### **Chicken Alfredo**

Shrimp Extra \$20

*Jerk/Regular*

*Vegetarian*

½ pan ..... \$65.00

### **Sliders**

#### **Jerk Chicken, Regular Chicken, Veggie**

*Add cheese .50 cent each*

*Lettuce, tomato*

3.50 a piece minimum 10

## Meats

### **Meatloaf with gravy**

½ pan (feeds 10) ..... \$90.00

### **Salmon**

**Oven Roasted/ Jerk/ Topped with cream spinach**

**\$20 extra**

8 (5oz) pieces ..... \$120.00

### **Chicken Breast**

**Oven Roasted/ Jerk**

Feeds 12 ..... \$75.00

## Vegan

### **Vegan Stuffed Peppers**

½ pan (serves 8) ..... \$65.00

Full pan (serves 16) ..... \$120.00

### **Vegan Mostaccioli**

½ pan ..... \$65.00

## Vegetarian

### **Vegetarian Stuffed Peppers**

½ pan (serves 8) ..... \$65.00

Full pan (serves 16) ..... \$120.00

### **Vegetarian Mostaccioli**

½ pan ..... \$65.00

### **Vegetarian Lasagna**

½ pan ..... \$75.00

## Sides

### **Macaroni & Cheese**

½ pan ..... \$65.00

Large pan ..... \$130.00

### **String Beans**

*Add smoked turkey \$10*

½ pan ..... \$45.00

Large pan ..... \$85.00

### **Garlic Redskin Mashed Potatoes**

*Made from starch*

½ pan ..... \$50.00

Large pan ..... \$95.00

### **Cream Spinach**

½ pan ..... \$55.00

Large pan ..... \$105.00

### **Cabbage (with or without bacon)**

½ pan ..... \$45.00

Large pan ..... \$90.00

### **Garden Salad**

*Ranch, Italian, French dressing*

½ pan ..... \$45.00

Large pan ..... \$90.00

### **Cornbread**

½ pan ..... \$20.00

Large pan ..... \$40.00

**Fruit Tray**

Small .....\$55.00  
Large ..... \$85.00

**Candied Yam**

½ pan..... \$50.00  
Large pan ..... \$95.00

**Broccoli / Corn**

½ pan .....\$40.00  
Large pan .....\$80.00

**Mostaccioli / Spaghetti**

Beef, Turkey \$10 extra  
Vegetarian

½ pan..... \$65.00  
Large pan ..... \$115.00

**Banana Pudding/ Peach Cobbler**

½ pan .....\$50.00

**Whole Cakes-\$35**

Serves 8

*Chocolate, Red Velvet, Lemon, German  
Chocolate*

**Cake Slices-\$3.50 each Min 5**

*Chocolate, Red Velvet, Lemon, German  
Chocolate*

Additional available upon request.