

Weekly Cafe Specials
Week 3

Sunday 29-Mar	Monday 30-Mar	Tuesday 31-Mar	Wednesday 1-Apr	Thursday 2-Apr	Friday 3-Apr	Saturday 4-Apr
Daily Soups						
Chicken Tortilla Allergens: Allium, Gluten, Soy	Carrot Ginger Allergens: Allium	Miso Soup Allergens: allium, fish, soy	Corn Chowder Allergens: Dairy, Soy, Gluten, Allium	Tomato Vegetable Allergens: allium, pinenuts, dairy	Hot and Sour Allergens: allium, soy, egg, sesame	New England Clam Chowder Allergens: shellfish, dairy, allium
Vegetable Barley Allergens: allium, gluten	Albondigas Allergens: allium	Split Pea Allergens: allium, pork	Chicken & Wild Rice Allergens: allium, dairy, soy	Lentil Allergens: allium	Chicken Poblano Allergens: allium	Pumpkin Curry Allergens: soy, allium
Daily Salads						
	Nicoise Allium: egg, fish, allium	Cobb Salad Allergens: egg, dairy, allium	Chinese Chicken Allergens: allium, sesame, soy, gluten	Roasted Brussel Sprout Salad w/ Turkey Allergens: allium	Chopped BBQ Chicken Allergens: Dairy, Soy, Allium	Chicken Caesar Salad Allergens: egg, fish, soy, dairy, allium, gluten
	Vegan Nicoise Allergens: allium	Vegan Cobb Salad Allergens: allium	Chinese Tofu Allergens: allium, sesame, soy, gluten	Roasted Brussel Sprout Salad Allergens: allium	Chopped BBQ Allergens: Dairy, Soy, Allium	Caesar Salad Allergens: egg, fish, soy, dairy, allium, gluten
Lunch Specials						
Chicken Marbella \$5.95 Allergens: soy, allium, gluten, dairy, egg	Chicken Teriyaki \$6.60 Marinated Chicken Thigh Jasmine Rice Teriyaki Sauce Scallion Toasted Sesame Allergens: Soy, Sesame, Allium	Meatball Sub \$6.60 Italian Meatballs Marinara Provolone Hoagie Roll Allergens: Gluten, Dairy, Egg, Allium	Chimichurri Chicken \$6.60 Baked Chicken Thigh Chimichurri Sauce Allergens: Allium	Beef Stew \$6.60 Seared Beef Potato Carrot Parsnip Pearl Onions Beefy Gravy Allergens: Allium	Carne Asada Tacos \$6.60 Corn Tortilla Carne Asada Cilantro Onion Lime Salsa Bar Allergens: Allium	Chef's Choice
Chef's Choice	Teriyaki Tofu \$6.00 Marinated Tofu Jasmine Rice Teriyaki Sauce Scallion Toasted Sesame Allergens: Soy Sesame Allium	Vegetable Lasagna \$6.60 White Sauce Mozzarella Cheese Pasta Sheets Roasted Veggies Allergens: Egg, Gluten, Soy, Dairy, Allium	Chimichurri Salmon \$7.20 Baked Salmon Chimichurri Sauce Allergens: Allium, Fish	Baked Potato \$4.20 Russet Potato Cheese Sauce Garlic Butter Sour Cream Scallions Allergens: Allium, Dairy	Shrimp Tacos \$7.20 Flour Tortilla Sauteed Shrimp Slaw Salsa Baja Sauce Lime Allergens: Shellfish, Gluten, Allium, Egg, Soy	Chef's Choice
Lunch Veg of the Day						
Green Beans Allergens: Dairy	Rich's Green Beans Allergens: Soy, Sesame, Allium	Roasted Veggies Allergens: Allium	Broccoli Allergens: Allium	Sauteed Zucchini Allergens: Allium	Southwest Veggies Allergens: Allium	
Lunch Starch of the Day						
Egg Noodles Allergens: Gluten, Egg, Dairy	Jasmine Rice Allergens: N/A	Sweet Potato Tots Allergens: N/A	Roasted Potatoes Allergens: Allium	Quinoa Salad Allergens: Allium	Chips and Guacamole Allergens: allium	
Dinner Specials						
Pot Roast \$6.90 Allergens: Allium	Pork Carnitas (2 ea) \$5.95 Pork Corn Tortilla Lettuce, Salsa, Cheese Allergens: Allium, Dairy	Turkey Chili \$5.40 Allergens: Allium	Pork Tenderloin \$5.95 Mustard Cream Sauce Allergens: Gluten, Dairy, Egg, Allium,	Chicken Marsala \$5.95 Allergens: Dairy, Allium, Gluten	Meatloaf w/ Gravy \$5.70 Beef Gravy Allergens: Gluten, Soy, Allium, Dairy, Egg	Spaghetti w/ Meat Sauce \$6.00 Allergens: Gluten, Allium, Soy
Chef's Choice	Chef's Choice	Chef's Choice	Tortellini Provencal \$5.40 Allergens: allium, gluten dairy	Chef's Choice	Chef's Choice	Chef's Choice
Dinner Veg of the Day						
Carrots Allergens: Dairy			Green Beans Allergens: Dairy	Broccoli Allergens: Dairy	Carrots Allergens: Dairy	
Dinner Starch of the Day						
Roasted Potatoes Allergens: Allium			Corn Pudding Allergens: Gluten, Egg, Dairy	Egg Noodles Allergens: Gluten, Egg, Dairy	Mashed Potatoes Allergens: Dairy	