

Weekly Cafe Specials
Week 3

Sunday 12-Jul	Monday 13-Jul	Tuesday 14-Jul	Wednesday 15-Jul	Thursday 16-Jul	Friday 17-Jul	Saturday 18-Jul
Daily Soups						
Beef Barley Allergens: Gluten, Soy, Allium	Carrot Ginger Allergens: Allium	Corn Chowder Allergens: Dairy, Soy, Gluten, Allium	Mushroom Cheese Allergens: Dairy, Gluten, Allium	Roasted Red Pepper Allergens: Allium	Broccoli Cheddar Allergens: Allium, Dairy	Mushroom Orzo Allergens: Gluten, Allium, Dairy
Black Bean Allergens: Allium	Housemade Cream of Potato Allergens: Allium, Dairy, Soy, Gluten	Split Pea Allergens: Allium	Chicken Noodle Allergens: allium, gluten	Lentil Allergens: Allium	Chicken Tortilla Allergens: Allium, Gluten, Soy	Clam Chowder Allergens: Dairy, Shellfish, Allium
Daily Salads						
	Nicoise Allergens: egg, fish	Shrimp Thai Peanut Slaw Allergens: shellfish, sesame, soy, peanut, gluten	Chinese Chicken Allergens: soy, sesame, allium, gluten	Greens and Grains w/ Ham Allergens: soy, tree nuts	Sunshine Salad with Turkey Allergens: Nut, Allium, Dairy	Chicken Caesar Salad (Allium, Dairy, Egg, Fish, Gluten)
	Vegan Nicoise Allergens: allium	Thai Peanut Slaw Allergens: sesame, soy, peanut, gluten	Chinese Tofu Salad Allergens: soy, sesame, allium, gluten	Greens & Grains w/Kidney Beans Allergens: nut, Tree nuts	Sunshine Salad with Herbed Tofu Allergens: nut, allium, dairy, soy	Caesar Salad (Allium, Dairy, Egg, Fish, Gluten)
Lunch Specials				T		
Chicken Cacciatore \$5.95 Allergens: Allium	Tuscan Chicken \$6.60 Chicken Thigh Tomatoes Basil Cream Parmesan Allergens: Dairy, Allium	Filipino Pork Adobo Bowl \$7.20 Jasmine Rice Slow Braised Pork Shoulder Adobo Sauce Shredded Carrot Scallion Allergens: Soy, Allium, Sesame	Lamb Biryani \$7.20 Basmati Rice Roasted Lamb Caramelized Onions Herbs Saffron Yogurt Allergens: Dairy, Allium	BBQ Chicken Pizza \$4.00 Tangy BBQ Sauce Pulled Chicken Fontina Cheese Red Onion Cilantro Allergens: Gluten, Dairy, Soy, Allium	Chicken Katsu \$6.60 Breaded Chicken Thigh Katsu Sauce Allergens: Egg, Gluten, Allium	Tandoori Chicken \$5.95 Cumin Yogurt (Dairy, Allium) Allergens: Allium
Chef's Choice	Tuscan Salmon \$7.20 Baked Salmon Tomatoes Basil Cream Parmesan Allergens: Fish, Dairy, Allium	Chop Suey \$7.20 Rice Noodles Tofu Shitake Mushroom Cabbage Celery Baby Corn Snap Peas Savory Sauce Allergens: Soy, Allium, Shellfish, Gluten, Sesame	Butternut Squash Chickpea Curry \$6.60 Basmati Rice Roasted Butternut Squash Crispy Chickpeas Garam Masala Allergens: Allium	Mushroom Pizza \$4.00 Sherry Parmesan Cream Mushroom Medley Fontina Goat Cheese Basil Arugula Sherry Gastrique Allergens: Gluten, Dairy, allium,	Garlic Shrimp \$7.20 Seared Garlic Marinated Shrimp Allergens: Shellfish, Allium, Dairy	Philly Cheesesteak \$6.60 Beef Peppers/Onions Bun Provolone Allergens: Gluten, Dairy, Egg, Allium
Carrots Allergens: Dairy	Greek Salad Allergens: Dairy, Allium	Green Beans Allergens: Allium, Dairy	Roasted Cauliflower Allergens: Allium	Roasted Veggies Allergens: Allium	Hawaiian Pineapple Coleslaw Allergens: Allium, Egg, Soy	Peas Allergens: Dairy
Lunch Starch of the Day						
Farfalle Noodles Allergens: Gluten, Dairy	Mediterranean Pearl Pasta Allergens: Dairy, Allium	Jasmine Rice Allergens: N/A	Basmati Rice Allergens: N/A	Sweet Potato Tots Allergens: N/A	Fried Rice Allium, Egg	Saffron Rice Allergens: n/a
Dinner Specials						
Seared Salmon \$7.20 Tartar Sauce (Dairy) Lemon Slice Allergens: Allium, Fish	Pork Carnitas (2 ea) \$5.95 Pork Corn Tortilla Lettuce, Salsa, Cheese Allergens: Allium, Dairy	Turkey Pot Pie \$6.60 Trukey Pot Pie Pie Shell Allergens: Allium, Gluten	Pork Tenderloin \$5.95 Mustard Cream Sauce (Dairy) Allergens: Allium	Chicken Marsala \$5.95 Allergens: Allium, Dairy	Meatloaf w/ Gravy \$5.70 Beef Gravy Allergens: Gluten, Soy, Allium, Dairy, Egg	Meat Lasagna \$6.60 Allergens: Gluten, Allium, Soy, Egg
Chef's Choice	Chef's Choice	Manicotti \$6.00 Allergens: Dairy, Gluten, Allium, Egg	Chef's Choice	Honey Soy Cod \$7.20 Allergens: Fish, Allium, Soy	Chef's Choice	Chef's Choice
Dinner Veg of the Day						
Green Beans Allergens: Dairy		Roasted Cauliflower Allergens: Dairy	Asparagus Allergens: n/a	Broccoli Allergens: Dairy	Carrots Allergens: Dairy	
Dinner Starch of the Day						
Mash Potato Allergens: Dairy			Wild Rice Allergens: Dairy, Allium	Seasoned Egg Noodles (Allergens: Egg, Gluten, Allium) & Ginger Quinoa (Allergens: n/a)	Mashed Potatoes Allergens: Dairy	