Weekly Cafe Specials Week 2

Carrot Ginger (Soy, Eg Chicken Dumpling (Dairy, Gluten, Soy, Egg) Daily Salads Vietr	Hot & Sour Ig, Sesame, Allium) Lite Bean Soup (Allium)	Tomato Bisque (Dairy, Soy, Allium) Beef Barley (Gluten, Soy, Allium)	Chicken Tortilla (Allium) Butternut Squash (Dairy)	2-May Broccoli Cheddar (Dairy, Allium) Minestrone	Potato Leek (Allium)	4-May Lentil Soup (Allium)
Carrot Ginger (Soy, Eg Chicken Dumpling (Dairy, Gluten, Soy, Egg) Daily Salads Vieti	ite Bean Soup (Allium)	(Dairy, Soy, Allium) Beef Barley	(Allium) Butternut Squash	(Dairy, Allium)	(Allium)	•
Carrot Ginger (Soy, Eg Chicken Dumpling (Dairy, Gluten, Soy, Egg) Daily Salads Vietr	ite Bean Soup (Allium)	(Dairy, Soy, Allium) Beef Barley	(Allium) Butternut Squash	(Dairy, Allium)	(Allium)	•
Chicken Dumpling (Dairy, Gluten, Soy, Egg) Daily Salads Vietr	nite Bean Soup (Allium) namese Noodle	Beef Barley	(Allium) Butternut Squash	1	,	•
Chicken Dumpling Wh (Dairy, Gluten, Soy, Egg) Daily Salads Vietr	nite Bean Soup (Allium) namese Noodle	Beef Barley	Butternut Squash	1	,	
(Dairy, Gluten, Soy, Egg) Daily Salads Vietr	(Allium)	,		Millestrolle		Chicken Noodle Soup
Daily Salads Vietr	namese Noodle	(Gluten, Soy, Allium)		(Cluber Allines Deim)	Clam Chowder	
Vietr			(Daily)	(Gluten, Allium, Dairy)	(Dairy, Shellfish, Allium)	(Gluten, Allium)
		Chopped BBQ	Caesar	Spring Cobb	Chinese Chicken	Chicken Caesar
(Al	lium, nut, fish)	(Allium, dairy, soy, corn, egg)	(Egg, soy, fish, dairy, allium, wheat)	(Allium, dairy, egg)	(Soy, sesame, allium, corn)	(Allium, dairy, egg, fish, gluten)
			Spring Pea	Citrus Apple	Spring Spinach	
	eens & Grains	Dill Citrus	(Sesame, allium, dairy)	(Mustard, honey, allium, nut)	(Allium, nuts, dairy)	
, , , , , , , , , , , , , , , , , , ,	its, mustard, dairy)	(Allium, mustard, honey)	(Sesame, amum, dany)	(iviustaru, fioriey, amurii, fiut)	(Alliulli, liuts, ually)	
Lunch Specials						
	n Curry - \$6.60	Chicken & Cheese Enchiladas	Meat Lasagna - \$6.60	Turkey Pot Pie - \$6.60	Chicken Chow Mein - \$6.60	Fried Chicken, 2 piece
Chicken Artichoke Hearts Yellow Curry		<u>\$5.70</u>	Meat Sauce	Turkey	Celery	<u>\$6.60</u>
Artichoke Hearts Yellow Curry Sun Dried Tomatoes Eggplant		Chicken Enchilada	Ricotta	Carrots & Peas Pie Crust	Shredded Carrot	(Gluten, Dairy)
Kalamata Olives Squash		Green sauce	Mozzarella	(Gluten/Wheat, Soy, Dairy, Allium)	Cabbage Broccoli	
(Dairy, Gluten) Onion		Cheese (Dairy, Allium, Soy, Gluten/Wheat, Corn)	(Gluten, Dairy, Allium)	(,,,,	(Allium, Gluten, Soy, Sesame)	
(Allium, Soy)		(Dairy, Amuni, 30y, Gluteri, Wheat, Corn)			(Allium, Giuten, 30y, 3esame)	
			Served with Garlic Bread			
	a Wrap - \$6.00	Baja Fish Tacos - \$7.20	Roasted Salmon - \$7.20	Bay Shrimp Soba Noodle	Tofu Fried Rice - \$6.60	Chef's Choice
Chickpea Fal		Marinated White Fish	Herb Marinade	Bowl (cold) - \$6.60	Jasmine Rice	
Superfood S	law	Cabbage	Sauted Green Beans	Chili Oil	Carrots & Peas	
Tzatziki		Classic White Sauce	Mashed Potatoes	Marinated Vegetables	Egg , Green Onion	
(Gluten, Dair	ry, Allium, Soy)	(Gluten, Soy, Dairy, Allium, Fish,	(Dairy, Allium, Fish)	Edamame	Sesame	
		Corn)		Green Onion	(Allium, gluten, Soy, Sesame)	
				(Gluten, Shellfish, Allium, Soy)		
Lunch Veg of the Day						
	Pasta Salad					
(£	gluten, allium, dairy)	Southwest Zuchinni (allium)	Green Beans	Roasted Cauliflower	Broccoli	Peas
Lunch Starch of the Day						
, i	Quinoa	Spanish Rice/ Baked Beans	Garlic Bread (Gluten) - Mashed	Roasted Potatoes		
Roasted Potato	(Soy)	(allium)	Potatoes (allium, dairy)	(Allium)	N/A	Mashed Potatoes (dairy)
Dinner Specials	(30))	(amum)	1 Otatoes (anium, darry)	(Allium)	N/A	iviasiieu i otatoes (daii y)
Pepper Steak with Rice & Turkey Me	atloaf	Pork Loin w/ Fruit Chutney	Chicken Parmesan	Pork Verde	Baked Chicken Thigh	Chef's Choice
Parsnips \$5.70	adout	\$5.95	\$5.95	\$5.95	\$5.95	Cher's choice
1. '		(Allium, Soy)	(Dairy, Gluten, Soy, Allium, Egg)	(Allium, Soy)	(Allium, soy, sesame, egg)	
\$6.60 (Egg, Dairy, So	y)	(ciliani, 30y)	(Dairy, Giuteri, Joy, Allium, Egg)	(Ciliditi), 30y)	William, 30y, 3esame, egg/	
Penners		Cheesy Polenta (Corn) & Cauliflower	Pasta (Gluten) & Vegetable	Brown Rice & Zucchini	Sweet Potato & Roasted Vegetables	
Onions Mashed Potat	oes (Dairy) & Broccoli		, , ,		-	
Chef's choi	ice	Chef's Choice	Chef's Choice		Chef's Choice	
				(Fish)		
Allergens listed in ()						