



## Sandwiches

- Hot Open Faced Sandwich.....\$8.95  
*Choose From: Roast Beef, Pastrami, Corned Beef or Turkey on Bread, served with your choice of Two Sides*
- Philly Cheese Steak .....\$7.95  
*Sauteed with Peppers & Onions on a Hero*  
 Add Fries .....\$1.00
- Classic Tuna Melt .....\$8.95  
*Albacore Tuna Salad, Vermont Cheddar Cheese & Tomatoes on Bread*
- B.L.T. ....Roll \$4.45 Hero \$6.95
- Grilled Cheese.....\$3.95  
*Hero Bread Add \$1.00*

## Wraps

- California Turkey.....\$7.95  
*Smoked Turkey with Avacado, Cucumber, Tomato, Sprouts and Lemon Herb Dressing*
- Buffalo Chicken.....\$7.95  
*Spicy Chicken with Blue Cheese, Lettuce & Tomato*
- Baked Chicken Cutlet.....\$7.95  
*With Avacado, Cheddar and Chipotle Spread*
- Chicken Vera Cruz.....\$7.95  
*Grilled Chicken with Avacado, Bean & Corn with Lettuce & Tomato*
- Veggie Wrap .....\$7.95  
*Portabello Mushrooms, Fresh Mozzarella, Spinach, Tomatoes, Fresh Basil & Sundried Tomato, Pesto Spread*

## Hot Paninis

- Vegetarian .....\$7.95  
*Portabello Mushrooms, Mozzarella, Spinach, Tomatoes, Fresh Basil & Sundried Tomato Pesto*
- Chicken Calabrese .....\$7.95  
*Grilled Chicken with Pesto, Tomatoes, Roasted Peppers and Fresh Mozzarella Cheese*
- Chicken Fajita.....\$7.95  
*Roasted Chicken, Cheddar Jack Cheese, Roasted Peppers, Caramelized Onions and Roasted Garlic Aioli*
- Eggplant Milanese .....\$7.95  
*Oven Roasted Eggplant, Pesto, Ricotta, Fresh Mozzarella and Tomatoes*
- Turkey Siciliano .....\$7.95  
*Smoked Turkey with Provolone Cheese, Sweet Onions, Hot Peppers & Honey Mustard*
- Capri.....\$7.95  
*Wood Smoked Turkey, Cheese, Peppers, Spinach & Roasted Pepper Aioli Spread*

## Burgers

*Homemade Burger on Bun  
 Add Soup \$2.00*

	Regular	Deluxe
Beef Burger 6oz. ....	\$6.00	\$6.95
Turkey Burger .....	\$6.00	\$6.95
Garden Burger .....	\$6.00	\$6.95

*Add Cheese 75¢  
 Add Meat or Bacon \$1.50  
 Extra Toppings: 50¢ each  
 Lettuce & Tomato or Onion*

## Entrees

*All Plates Served with Dinner Roll & 2 Sides  
 Add Soup \$2.00*

	Small	Large
Roasted Chicken .....	\$7.95	\$10.95
<i>Marinated in a Special Herb Blend and Served with your choice of Two Sides</i>		
Chicken Parmesan .....	\$7.95	\$10.95
<i>Made with Breaded Chicken Cutlets, Homemade Sauce and Fresh Mozzarella Cheese. Served with your choice of Two Sides</i>		
Beef .....	\$7.95	\$10.95
<i>Rubbed with Special Herb Blend and Served with your choice of Two Sides</i>		
Vegetarian .....	\$7.95	\$10.95
Fish Option .....	\$8.95	\$11.95

**Call For Our Daily Specials .....**  
*Served with your choice of Two Sides*

### SIDES:

*Sauteed Vegetables of the Day, Roasted Potatoes, Pasta or Rice of the Day  
 Extra Side \$1.00*

## Boars Head Meats

	Lb.	Roll
Pastrami .....	\$12.95	\$7.95
Roast Beef .....	\$12.95	\$7.95
Corned Beef .....	\$12.95	\$7.95
Beef Salami or Bologna .....	\$9.99	\$6.99
Cajun Turkey .....	\$9.99	\$6.95
Smoked Turkey .....	\$9.99	\$6.95
Honey Turkey .....	\$9.99	\$6.95
Oven Gold Turkey .....	\$9.99	\$6.95
Salsalito Turkey .....	\$9.99	\$6.95

*Lettuce & Tomato 50¢ each Cheese 75¢ each  
 We Also Carry Cheese by the Pound, Call for Prices.  
 Hero add \$1.00*



## Beverages

	SML	MED	LRG
HOT			
Coffee / Tea .....	\$1.50	\$1.95	\$2.45
Herbal Tea .....	\$1.75	\$2.25	\$2.75
Hot Chocolate.....	\$2.00	\$2.50	

COLD			
Iced Coffee/Iced Tea.....	\$2.00	\$2.50	\$2.90
Lemonade.....	\$1.50	\$2.00	\$2.50
Soda Can/Bottle .....	\$1.25	\$1.95	

Bottled Water .....	\$1.25
Arizona Tea .....	\$1.00
Snapple .....	\$1.95
Tropicana .....	\$2.25
Vitamin Water .....	\$2.25

## Smoothies

*Small \$4.95 Large \$5.95  
 Add Yogurt \$1.00 Add Protein \$1.00*

## Baked Goods

Black & White Cookie .....	\$1.75
Jello .....	\$2.25
Seasonal Fruit Cup .....	Sm. \$3.45 Lg. \$4.95
Cup Cakes.....	\$2.95
Rice Pudding .....	\$2.45

## Hot & Cold Catering FOR ALL OCCASIONS

**BREAKFAST CATERING**  
 Starting at **\$4.95** 15 Person Min. P.P.

**MINI MUFFIN TRAY**  
 Small (12) .....\$12.95  
 Medium (24) .....\$19.95  
 Large (36) .....\$24.95

**AMERICAN STYLE**  
**3 & 6 FOOT HEROS**  
**3 Foot \$79.99**  
**6 Foot \$149.99**

**3-6 FOOT ITALIAN HEROS**  
**3 Foot 6 Foot**  
**\$89.99 \$159.99**  
*Also Available Specialty 3-6 Ft. Hero's*

**TOSSED SALAD BAR** **\$7.95**  
 40 Items To Choose From Per Salad

**25 MINI BAGELS**  
**SANDWICH PLATTER**  
**\$59.95**

**3-6 FOOT CHICKEN HERO**  
**3 Foot 6 Foot**  
**\$89.99 \$159.99**

**GOURMET BRICK OVEN**  
**SANDWICH PLATTER**  
**\$149.00** Feeds 25

**GOURMET WRAP**  
**PLATTERS**  
**\$139.00** Feeds 25

### FISH PLATTERS

**LOX PLATTERS**  
**\$169.99** 15-20 People

**GOURMET ASSORTED PLATTER**  
 Tuna, Egg, Chicken, White Fish, Baked Salmon Salads  
**\$119.00** 20-25 People

# PIZZA & BAGELS ON 3RD

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**Hours:**  
**Monday - Friday 5:00 AM - 5:00 PM**  
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**All Our Meats  
 Are Boars Head**

**Phone: 718-369-3600**  
**Fax: 718-369-3606**

**129 20th Street**  
**Brooklyn, NY 11232**

*Corner of 20th Street and 3rd Avenue*



## Breakfast

After 11 am - Add \$1.00

### Classics

Egg on a Roll or Bagel.....	\$1.95
Egg and Cheese.....	\$2.45
Egg, Cheese and Bacon.....	\$3.95
Egg, Potatoe and Cheese on a Roll.....	\$3.95
Pancakes or French Toast.....	\$4.95
Corned Beefhash served with 2 Eggs.....	\$6.45
Boiled Egg.....	\$ .75
2 Eggs Any Style with Potatoes & Toast.....	\$3.95
2 Eggs with Protein, Potatoes & Toast.....	\$5.45

### 3 Egg Omelettes

Plain.....	\$3.95
with Homefries & Toast.....	\$4.95
with Meat.....	\$6.45
Greek, Western or California.....	\$6.95

Add Extra

Eggs 75¢ Cheese 50¢ Veggies 50¢ Meat \$1.50

Bacon, Ham or Sausage  
Mushrooms ♦ Onions ♦ Tomatoes  
Spinach ♦ Feta ♦ Broccoli

### HUNGRYMAN LUMBERJACK

French Toast or Pancakes, 3 Eggs Any Style  
with Bacon, Turkey Bacon or Sausage .....\$8.95

### Breakfast Wraps

Egg White Wrap with 2 Toppings & 1 Meat .....\$4.95  
add meat \$1.50 add 1 egg 75¢ add cheese 50¢ add veggie 50¢

### Baked Goods

Roll with Butter.....	\$1.75
Croissant.....	\$2.25
Almond Croissant.....	\$2.50
Assorted Danish.....	\$2.50
Cinnamon Bun.....	\$2.50
Pound Cake.....	\$1.75
Assorted	
Muffins.....	\$2.25
Corn, Blueberry, Raisin, Chocolate, Oat, Bran, Banana Nut	

## Bagels

Bagel.....	\$1.00
with Butter or Jelly.....	\$1.75
with Cream Cheese or Peanut Butter.....	\$2.25
Bagel with Spread.....	\$2.95
Sundried Tomato, Strawberry, Veggie or Scallion	
Bagel with Lox Spread.....	\$3.95
Bagel with Cream Cheese and Lox.....	\$7.95

## Premium Salads

Homemade Daily, Priced by the Pound.

	Roll	Lb.
Chicken Salad.....	\$6.95	\$8.95
Egg Salad.....	\$4.95	\$6.95
Tuna Salad.....	\$5.95	\$7.95
Shrimp Salad.....	\$8.95	\$12.95
Pasta Salad.....	\$5.95	
Potato Salad.....	\$4.95	
Macaroni Salad.....	\$4.95	
Cole Slaw.....	\$4.95	
Roasted Pepper Salad.....	\$6.95	
Greek Salad.....	\$7.95	
Mozzarella & Tomato Salad.....	\$8.95	

Hero Add \$1.00

## Build A Salad

Small \$3.95 / Large \$4.95

### 1. Choose Your Greens

Romaine, Spinach or Mescaline

### 2. Main

\$1.00 each

Crispy Chicken ♦ Grilled Chicken ♦ Pesto Chicken  
Smoked Turkey ♦ Grilled Steak ♦ Shrimp ♦ Tuna  
Almond ♦ Cranberries ♦ Artichokes ♦ Bacon  
Fresh Mozzarella ♦ Feta Cheese  
Avacado ♦ Hard Boiled Egg ♦ Sharp Cheddar

### 3. Mix In

50¢ each

Black Olives ♦ Croutons  
Red Onions ♦ Raisins ♦ Sweet Corn ♦ Broccoli  
Tomatoes ♦ Cucumbers ♦ Carrots ♦ Chick Peas  
Mushrooms ♦ Bell Peppers ♦ Kidney Beans  
Sundried Tomatoes ♦ Beets ♦ Roasted Peppers

### DRESSINGS:

Oil & Vinegars ♦ French ♦ Russian ♦ Red Wine  
Light Ranch ♦ Balsamic Vinegar ♦ Garlic Dijon  
Balsamic Vinaigrette ♦ Blue Cheese ♦ Thousand Island

### Oatmeal

Small \$3.95 Large \$4.95

Add Raisin, Cranberries, Brown Sugar, Honey  
Almond, Walnut, Banana, Strawberry



## Salad Entrees

Served with a Roll

Add Soup \$2.00

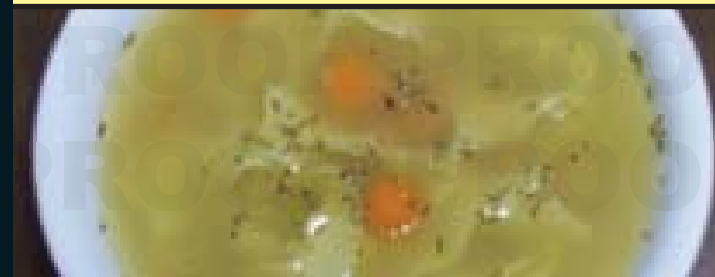
Caesar.....	\$6.95
Romaine Lettuce, Tossed with Caesar Dressing and Romano Cheese	
with Grilled Chicken.....	\$8.45
Greek.....	\$6.95
Romaine Lettuce, Tomatoes, Feta and Olives Tossed in Oil and Vinegar	
Santa Fe.....	\$7.95
Lime-Marinated Chicken, Corn, Black Beans, Pepper Jack Cheese, Tortilla Strips, Tomato and Mixed Greens with Lime Basil Vinaigrette	
Chef.....	\$8.95
Mixed Greens Tossed with Ham, Turkey, Chicken and Roast Beef, Topped with a Sliced Hard-Boiled Egg	
House.....	\$5.95
Mixed Greens with Carrots, Cucumbers and Topped with House Dressing	

## Soup

All of Our Soups are Homemade Daily

Small \$3.25 / Large \$4.45

Soup Du Jour ♦ Chicken Soup ♦ Lentil Soup



## Pizza

Ask About Our Combo Specials of the Day:

	Slice	Pie
Cheese.....	\$1.95	\$12.95
Pepperoni.....	\$3.25	\$18.95
Margarita.....		\$18.95
Vegetable.....	\$2.95	\$18.95
Buffalo Chicken.....	\$3.25	\$18.95

### Additional Toppings

75¢ each Slice / Meat

\$5.00 each for Meat on Pie

\$4.00 each for Vegetable on Pie

Onions ♦ Peppers ♦ Olives ♦ Broccoli ♦ Spinach  
Mushrooms ♦ Tomatoes ♦ Pineapples ♦ Ricotta  
Feta ♦ Anchovies ♦ Chicken ♦ Ham ♦ Bacon  
Pepperoni ♦ Meatballs ♦ Sausage ♦ Extra Cheese

## Rolls & Calzones

Cheese Roll.....	\$5.45
Spinach Roll.....	\$5.45
Chicken Roll.....	\$5.45
Broccoli Roll.....	\$5.45
Sausage Roll.....	\$5.45
Cheese Calzone.....	\$5.45
All Wheels.....	\$3.25

## Appetizers

French Fries.....	\$2.95
Onion Rings.....	\$3.25
Mozzarella Cheese Sticks.....	\$6.45
Buffalo Wings (Mild or Spicy).....	\$6.45
Chicken Fingers & French Fries.....	\$7.95

