



LUNCH

FEATURED MENU

ENTREES

Chipotle Rubbed Flatiron Steak Served with a Corn Avocado Relish

Lemon & Thyme Glazed Chicken Breast

SIDES

Roasted Fingerling Potato Salad

Parmesan Asparagus with Balsamic Drizzle

Fresh Baked Rolls & Butter

SALAD BAR

Served with: LETTUCE, TUNA, GRILLED CHICKEN STRIPS, AND FRESH ROLLS

Toppings: croutons, diced tomatoes, hard boiled Egg Slices, diced cucumbers, shredded cheese & bacon

Select One: TRADITIONAL POTATO SALAD OR PASTA SALAD

Select Two: RANCH, HERB VINAIGRETTE OR BALSAMIC DRESSING

15-49\$12.00 50+\$10.00

Poultry

CHICKEN VERONIQUE

Boneless breast of chicken with a champagne cream sauce & grape garnish. Served with rice, fresh vegetables, fresh baked rolls & butter.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

CHICKEN BROCHETTE

Chicken brochettes with a tangy teriyaki glaze or gluten-free sweet-and-sour sauce. Served with almond rice pilaf, fresh vegetables, fresh baked rolls & butter.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

CHICKEN PARMIGIANA

Classic parmigiana with marinara & melted mozzarella cheese. Served with a stuffed pasta shell, caesar salad, fresh baked rolls & butter.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

CARIBBEAN CHICKEN

Breast of chicken stuffed with mango, banana, coconut and a caribbean spiced cream cheese with a rum cream sauce. Served with glazed carrots, mixed green salad, fresh baked rolls & butter.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

SANTORINI CHICKEN

Boneless breast of chicken grilled with lemon herb seasoning. Garnished with artichoke hearts, mushrooms, red bell peppers & shredded fresh basil. Served with mixed green salad, rice pilaf & fresh baked rolls & butter.

8-24 \$13.75 25-99 \$12.75 100+ \$11.75

MANGO CHICKEN

Grilled chicken breast with mango glaze. Served with parsley buttered potatoes, fresh vegetable medley, fresh baked rolls & butter.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

TEQUILA LIME CHICKEN

Grilled chicken breast in a tequila-lime marinade with cilantro. Served with spanish rice, julienne vegetables, and fresh chips & salsa.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

CHICKEN TUSCANY

Grilled Italian spiced chicken breast, topped with sautéed grilled vegetables & onions. Served with red roasted garlic potatoes, vegetable medley, fresh baked rolls & butter.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

SOUTHWEST CHICKEN

Boneless chicken filled with pepper jack cheese stuffing in a cilantro cream sauce. Served with white rice and black beans, mixed green salad, fresh baked rolls & butter.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

CHICKEN MARSALA

Boneless chicken breast with mushrooms & marsala wine sauce. Served with rice pilaf, fresh vegetables, fresh baked rolls & butter.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

LEMON PEPPER CHICKEN

Boneless breast seasoned with zesty lemon pepper. Served with almond rice pilaf, mixed green salad, fresh baked rolls & butter.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

CHICKEN VALENCIA

Boneless breast of chicken topped with avocado, sundried tomatoes, melted provolone cheese & a zesty orange sauce. Served with orzo, wild field greens salad, fresh baked rolls & butter.

8-24 \$12.75 25-99 \$11.75 100+ \$10.25

TURKEY WITH STUFFING *Requires Two Day Notice

White & dark meat turkey. Served with cranberry sauce, apple, cornbread or sausage stuffing, mashed potatoes & gravy, fresh baked rolls & butter.

8-24 \$13.75 25-99 \$12.75 100+ \$11.75

BEEF

FILET

Filet Mignon with chimichurri. Served with gourmet mashed potatoes, asparagus, fresh baked rolls & butter.

8-24 \$26.00 25 + \$24.00 50+ \$22.00

TRI TIP

Tri Tip with chimichurri. Served with red roasted garlic potatoes, julienne vegetables, fresh baked rolls & butter.

8-24 \$18.00 25 + \$17.00 50+ \$16.00

DEMI-GLAZED BEEF TIPS

Tender Tips of beef. Served with garlic buttered noodles, fresh vegetables, fresh baked rolls & butter.

8-24 \$13.50 25+ \$12.50 50+ \$12.25

BBQ BEEF HOAGIES

Shredded hickory brisket of beef, tangy BBQ sauce & hoagie rolls. Served with baked beans & potato salad.

8-24 \$11.00 25+ \$10.00 50+ \$9.50

PHILLY CHEESESTEAK

Sliced beef with peppers and onions, cheese sauce & hoagie rolls. Served with kettle chips & mixed green salad.

8-24 \$11.00 25+ \$10.00 50+ \$9.50

SMOKED HICKORY BEEF BRISKET *Requires Two Day Notice

Smoked hickory brisket of beef with tangy BBQ sauce. Served with baked beans, potato salad, fresh baked rolls & butter.

8-24 \$13.50 25+ \$12.50 50+ \$11.25

POT ROAST

Slow-cooked pot roast. Served with mashed potatoes & gravy, fresh vegetable medley, fresh baked rolls & butter.

8-24 \$12.50 25+ \$11.50 50+..... \$10.25

SHEPPARD'S PIE

Ground beef, mushrooms and mixed vegetables layered with a mashed potato crust topped with jack and cheddar cheese. Served with mixed green salad, fresh baked rolls & butter.

8-24 \$11.75 25+ \$10.75 50+ \$9.50

SZECHWAN BEEF

Sliced sirloin beef with szechwan sauce. Served with steamed rice, vegetable stir fry, fresh baked rolls & butter.

8-24 \$12.50 25+ \$11.50 50+ \$10.25



MEATLOAF WITH MUSHROOM SAUCE

Served with macaroni and cheese, green beans amandine, fresh baked rolls & butter.

8-24 \$12.50 25+ \$11.50 50+ \$10.25

SWISS STEAK

Beef steak braised in brown sauce with tomatoes, onions, carrots and celery. Served with mixed green salad, mashed potatoes, fresh baked rolls & butter.

8-24 \$12.50 25+ \$11.50 50+..... \$10.25

Pork

OLD FASHIONED GLAZED HAM

Sliced or whole old fashioned glazed ham. Served with scalloped or au gratin potatoes, fresh vegetables, fresh baked rolls & butter.

8-24 \$11.50 25+ \$10.50 50+ \$9.25

BOURBON GLAZED BACON WRAPPED PORK LOIN

Slow-cooked and served with mashed potatoes & gravy, fresh vegetable medley, fresh baked rolls & butter.

8-24 \$13.50 25+ \$12.50 50+..... \$11.25

PORK STIR FRY

Sliced pork with mushrooms, zucchini & cabbage. Served with steamed rice, wild cherry salad, fresh baked rolls & butter.

8-24 \$12.00 25+ \$11.00 50+..... \$10.50

KALUA ROASTED PULLED PORK

Slow roasted pork with tangy BBQ sauce and hoagie rolls. Served with potato salad & fresh fruit.

8+ \$11.00 50+ \$10.50 100+ \$9.75



More Options

LUNCHTIME BBQ

Baby back ribs or chicken with tangy BBQ sauce. Served with baked beans, potato salad, cornbread muffins & honey butter.

CHICKEN

8-24 \$10.50 25+ \$10.00 50+ \$9.50

BABY BACK RIBS OR BEEF BRISKET

8-24 \$14.00 25+ \$13.00 50+ \$12.50

CHICKEN & BABY BACK RIBS

8-24 \$16.00 25+ \$15.00 50+ \$14.50

FAJITAS

Marinated chicken or beef fajitas with grilled onions, tomatoes and peppers. Served with spanish rice, pinto beans, sour cream, fresh chips & salsa and your choice of flour or corn tortillas.

8-24 \$12.50 25+ \$11.50 50+..... \$10.25

BAKED POTATO & CHILI BAR

Baked potatoes with bacon crumbles, jack & cheddar cheeses, sour cream, broccoli, and green onion tops. Served with choice of meat or vegetarian chili, mixed green salad, cornbread muffins & butter.

8-24 \$10.75 25+ \$9.75 50+ \$8.50

ENCHILADAS

Authentic handrolled enchiladas. Served with spanish rice, ranch-style beans, and fresh chips & salsa.

CHEESE ENCHILADAS WITH RANCHERO SAUCE

8-24 \$10.75 25+ \$9.75 50+ \$8.75

CHICKEN OR BEEF ENCHILADAS WITH RANCHERO SAUCE

8-24 \$11.75 25+ \$10.75 50+ \$9.50

More Options

BURRITO RANCHERO

Choice of shredded beef or chicken in a large flour tortilla with refried beans, cheese & ranchero sauce. Served with spanish rice, and fresh chips & salsa.

8-24 \$12.00 25+ \$11.00 50+ \$10.00

TACO BAR

Chicken, shredded beef or carnitas with corn tortillas, shredded lettuce, tomatoes, grated cheese, sour cream and cilantro. Served with spanish rice, pinto beans, and fresh chips & salsa.

8-24 \$12.75 25+ \$11.75 50+ \$10.50



PASTA BUFFET

Choice of:

ITALIAN LASAGNA

VEGETARIAN LASAGNA

STUFFED PASTA SHELLS

PENNE MARINARA

SPINACH MANICOTTI

Served with choice of Caesar or mixed green salad & dinner rolls.

One Selection:

8-24 \$10.75 25+ \$9.75 50+ \$9.25

Two Selections:

8-24 \$12.75 25+ \$11.75 50+ \$11.25

DELUXE PASTA BUFFET

Choice of:

CHICKEN ROTOLO BOLZANO

VEGETARIAN ROTOLO BOLZANO

TORTELLINI WITH CREAMY PESTO

CHICKEN RIGATONI

CHICKEN ALFREDO LASAGNA

RAVIOLI WITH ROASTED RED BELL PEPPER SAUCE

ROTELLI WITH GRILLED VEGETABLES

Served with julienne vegetables, caesar or mixed green salad & dinner rolls.

One Selection:

8-24 \$12.75 25+ \$11.75 50+ \$11.25

Two Selections:

8-24 \$14.75 25+ \$13.75 50+ \$13.25

HEALTHY LUNCH

HEALTHY LUNCH #1

MEDITERRANEAN VEGETABLE WRAP Whole wheat tortilla stuffed with grilled vegetables, feta cheese, Kalamata olives and romaine lettuce with pesto spread.

WHOLE WHEAT PASTA SALAD AND MINTED WINTER FRUIT SALAD

8-24\$12.75 25+\$11.75

HEALTHY LUNCH #2 (served room temperature)

POACHED SALMON BRUSHED WITH A FRESH DILLED LEMON SOY GLAZE ON A BED OF FRESH SPINACH

JASMINE RICE OR CITRUS RICE SALAD, STEAMED VEGETABLES, FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24\$16.75 25+\$14.75

HEALTHY LUNCH #3

CHICKEN PICCATA IN A LIGHT LEMON SAUCE WITH CAPERS

STEAMED BROWN RICE, STEAMED VEGETABLES, FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24\$14.50 25+\$13.50

HEALTHY LUNCH #4

GRILLED GREEK CHICKEN KABOBS

RICE PILAF, GREEK SALAD WITH GREEK VINAIGRETTE, PITA BREAD

8-24\$12.75 25+\$10.75

ADD GRILLED MARINATED VEGETABLES\$2.75 / person

ADD HUMMUS\$1.95 / person

HEALTHY LUNCH #5

CHICKEN TUSCANY Grilled Italian spiced chicken breast, topped with sautéed grilled vegetables

& onions.

RED ROASTED GARLIC POTATOES, MIXED GREEN SALAD WITH HERB VINAIGRETTE, FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24\$12.75 25+\$11.75

HEALTHY LUNCH #6

LEMON PEPPER CHICKEN BREAST

STEAMED BROWN RICE, WILD MUSHROOM & ASPARAGUS SALAD

WITH BALSAMIC VINAIGRETTE, FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24\$12.75 25+\$10.75

HEALTHY LUNCH #7

MANGO PAPAYA CHICKEN Grilled chicken breast, topped with mango papaya glaze.

GREEN BEANS WITH DILL & SHALLOTS, MIXED GREEN SALAD WITH LEMON BASIL VINAIGRETTE,

FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24\$12.75 25+\$10.75

HEALTHY LUNCH #8 (vegetarian)

PENNE WITH SUNDRIED TOMATOES, FETA CHEESE, BASIL & PINENUTS IN OLIVE OIL, GARLIC & MARINARA

GRILLED MARINATED VEGETABLES, CAPRESE SKEWERS INFUSED IN A BASIL PESTO OIL,

CAESAR OR MIXED GREEN SALAD, FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24\$13.75 25+\$11.75

HEALTHY LUNCH #9 (soup & salad)

VEGETABLE OR LENTIL SOUP

PEAR & WALNUT SALAD WITH GRILLED CHICKEN BREAST, FRUIT SALAD

8-24\$12.75 25+\$10.75