



# LUNCH

# FEATURED MENU

#### ENTREES

Chipotle Rubbed Flatiron Steak Served with a Corn Avocado Relish

Lemon & Thyme Glazed Chicken Breast

#### SIDES

Roasted Fingerling Potato Salad

Parmesan Asparagus with Balsamic Drizzle

Fresh Baked Rolls & Butter

# SALAD BAR

Served with: LETTUCE, TUNA, GRILLED CHICKEN STRIPS, AND FRESH ROLLS

Toppings: croutons, diced tomatoes, hard boiled Egg Slices, diced cucumbers, shredded cheese & bacon

Select One: TRADITIONAL POTATO SALAD OR PASTA SALAD

Select Two: RANCH, HERB VINAIGRETTE OR BALSAMIC DRESSING

15-49 ......\$12.00 50+ .....\$10.00

# Poultry

### **CHICKEN VERONIQUE**

Boneless breast of chicken with a champagne cream sauce & grape garnish. Served with rice, fresh vegetables, fresh baked rolls & butter.

8-24 ....... \$12.75 25-99 ..... \$11.75 100+ ...... \$10.25

#### **CHICKEN BROCHETTE**

Chicken brochettes with a tangy teriyaki glaze or gluten-free sweet-and-sour sauce. Served with almond rice pilaf, fresh vegetables, fresh baked rolls & butter.

8-24 ...... \$12.75 25-99 ..... \$11.75 100+ ...... \$10.25

#### **CHICKEN PARMIGIANA**

Classic parmigiana with marinara & melted mozzarella cheese. Served with a stuffed pasta shell, caesar salad, fresh baked rolls & butter.

8-24 ......... \$12.75 25-99 ...... \$11.75 100+ ....... \$10.25

### **CARIBBEAN CHICKEN**

Breast of chicken stuffed with mango, banana, coconut and a caribbean spiced cream cheese with a rum cream sauce. Served with glazed carrots, mixed green salad, fresh baked rolls & butter.

8-24 ...... \$12.75 25-99 ..... \$11.75 100+ ...... \$10.25

### **SANTORINI CHICKEN**

Boneless breast of chicken grilled with lemon herb seasoning. Garnished with artichoke hearts, mushrooms, red bell peppers & shredded fresh basil. Served with mixed green salad, rice pilaf & fresh baked rolls & butter.

8-24 ....... \$13.75 25-99 ...... \$12.75 100+ ...... \$11.75

#### **MANGO CHICKEN**

Grilled chicken breast with mango glaze. Served with parsley buttered potatoes, fresh vegetable medley, fresh baked rolls & butter.

8-24 ...... \$12.75 25-99 ..... \$11.75 100+ ...... \$10.25

### **TEQUILA LIME CHICKEN**

Grilled chicken breast in a tequila-lime marinade with cilantro. Served with spanish rice, julienne vegetables, and fresh chips & salsa.

8-24 ...... \$12.75 25-99 ..... \$11.75 100+ ...... \$10.25

### **CHICKEN TUSCANY**

Grilled Italian spiced chicken breast, topped with sautéed grilled vegetables & onions. Served with red roasted garlic potatoes, vegetable medley, fresh baked rolls & butter.

8-24 ....... \$12.75 25-99 ..... \$11.75 100+ ...... \$10.25

#### SOUTHWEST CHICKEN

Boneless chicken filled with pepper jack cheese stuffing in a cilantro cream sauce. Served with white rice and black beans, mixed green salad, fresh baked rolls & butter.

8-24 ....... \$12.75 25-99 ..... \$11.75 100+ ...... \$10.25

#### **CHICKEN MARSALA**

Boneless chicken breast with mushrooms & marsala wine sauce. Served with rice pilaf, fresh vegetables, fresh baked rolls & butter.

8-24 ....... \$12.75 25-99 ..... \$11.75 100+ ...... \$10.25

#### LEMON PEPPER CHICKEN

Boneless breast seasoned with zesty lemon pepper. Served with almond rice pilaf, mixed green salad, fresh baked rolls & butter.

8-24 ...... \$12.75 25-99 ..... \$11.75 100+ ...... \$10.25

#### **CHICKEN VALENCIA**

Boneless breast of chicken topped with avocado, sundried tomatoes, melted provolone cheese & a zesty orange sauce. Served with orzo, wild field greens salad, fresh baked rolls & butter.

8-24 ...... \$12.75 25-99 ..... \$11.75 100+ ...... \$10.25

#### TURKEY WITH STUFFING \*Requires Two Day Notice

White & dark meat turkey. Served with cranberry sauce, apple, cornbread or sausage stuffing, mashed potatoes & gravy, fresh baked rolls & butter.

8-24 ...... \$13.75 25-99 ..... \$12.75 100+ ...... \$11.75

# BEEF

## FILET

Filet Mignon with chimichurri. Served with gourmet mashed potatoes, asparagus, fresh baked rolls & butter.

8-24 ......... \$26.00 25 + ......... \$24.00 50+ ......... \$22.00

### TRI TIP

Tri Tip with chimichurri. Served with red roasted garlic potatoes, julienne vegetables, fresh baked rolls & butter.

8-24 ......... \$18.00 25 + ......... \$17.00 50+ ......... \$16.00

#### DEMI-GLAZED BEEF TIPS

Tender Tips of beef. Served with garlic buttered noodles, fresh vegetables, fresh baked rolls & butter.

8-24 ....... \$13.50 25+ ..... \$12.50 50+ ...... \$12.25

### **BBQ BEEF HOAGIES**

Shredded hickory brisket of beef, tangy BBQ sauce & hoagie rolls. Served with baked beans & potato salad.

8-24 ...... \$11.00 25+ ..... \$10.00 50+ ..... \$9.50

#### PHILLY CHEESESTEAK

Sliced beef with peppers and onions, cheese sauce & hoagie rolls. Served with kettle chips & mixed green salad.

8-24 ...... \$11.00 25+ ..... \$10.00 50+ ...... \$9.50

#### SMOKED HICKORY BEEF BRISKET \*Requires Two Day Notice

Smoked hickory brisket of beef with tangy BBQ sauce. Served with baked beans, potato salad, fresh baked rolls & butter.

8-24 ......... \$13.50 25+ ...... \$12.50 50+ ...... \$11.25

#### POT ROAST

Slow-cooked pot roast. Served with mashed potatoes & gravy, fresh vegetable medley, fresh baked rolls & butter.

8-24 ...... \$12.50 25+ ..... \$11.50 50+..... \$10.25

#### SHEPPARD'S PIE

Ground beef, mushrooms and mixed vegetables layered with a mashed potato crust topped with jack and cheddar cheese. Served with mixed green salad, fresh baked rolls & butter.

8-24 ...... \$11.75 25+ ..... \$10.75 50+ ..... \$9.50

#### SZECHWAN BEEF

Sliced sirloin beef with szechwan sauce. Served with steamed rice, vegetable stir fry, fresh baked rolls & butter.

8-24 ...... \$12.50 25+ ..... \$11.50 50+ ..... \$10.25



#### MEATLOAF WITH MUSHROOM SAUCE

Served with macaroni and cheese, green beans amandine, fresh baked rolls & butter.

8-24 ...... \$12.50 25+ ..... \$11.50 50+ ..... \$10.25

#### **SWISS STEAK**

Beef steak braised in brown sauce with tomatoes, onions, carrots and celery. Served with mixed green salad, mashed potatoes, fresh baked rolls & butter.

8-24 ...... \$12.50 25+ ..... \$11.50 50+..... \$10.25

# Pork

### OLD FASHIONED GLAZED HAM

Sliced or whole old fashioned glazed ham. Served with scalloped or au gratin potatoes, fresh vegetables, fresh baked rolls & butter.

8-24 ...... \$11.50 25+ ..... \$10.50 50+ ..... \$9.25

#### BOURBON GLAZED BACON WRAPPED PORK LOIN

Slow-cooked and served with mashed potatoes & gravy, fresh vegetable medley, fresh baked rolls & butter.

8-24 ...... \$13.50 25+ ..... \$12.50 50+..... \$11.25

#### **PORK STIR FRY**

Sliced pork with mushrooms, zucchini & cabbage. Served with steamed rice, wild cherry salad, fresh baked rolls & butter.

8-24 ...... \$12.00 25+ ..... \$11.00 50+..... \$10.50

#### KALUA ROASTED PULLED PORK

Slow roasted pork with tangy BBQ sauce and hoagie rolls. Served with potato salad & fresh fruit.

8+ ..... \$11.00 50+ ..... \$10.50 100+ ...... \$9.75



# **More Options**

#### LUNCHTIME BBQ

Baby back ribs or chicken with tangy BBQ sauce. Served with baked beans, potato salad, cornbread muffins & honey butter.

#### CHICKEN

8-24 ...... \$10.50 25+ ..... \$10.00 50+ ..... \$9.50

#### BABY BACK RIBS OR BEEF BRISKET

8-24 ...... \$14.00 25+ ..... \$13.00 50+ ..... \$12.50

#### **CHICKEN & BABY BACK RIBS**

8-24 ...... \$16.00 25+ ..... \$15.00 50+ ..... \$14.50

#### FAJITAS

Marinated chicken or beef fajitas with grilled onions, tomatoes and peppers. Served with spanish rice, pinto beans, sour cream, fresh chips & salsa and your choice of flour or corn tortillas.

8-24 ...... \$12.50 25+ ..... \$11.50 50+..... \$10.25

#### **BAKED POTATO & CHILI BAR**

Baked potatoes with bacon crumbles, jack & cheddar cheeses, sour cream, broccoli, and green onion tops. Served with choice of meat or vegetarian chili, mixed green salad, cornbread muffins & butter.

8-24 ...... \$10.75 25+ ..... \$9.75 50+ ..... \$8.50

# **ENCHILADAS**

Authentic handrolled enchiladas. Served with spanish rice, ranch-style beans, and fresh chips & salsa.

#### CHEESE ENCHILADAS WITH RANCHERO SAUCE

8-24 ...... \$10.75 25+ ..... \$9.75 50+ ..... \$8.75

#### CHICKEN OR BEEF ENCHILADAS WITH RANCHERO SAUCE

8-24 ...... \$11.75 25+ ..... \$10.75 50+ ..... \$9.50

# **More Options**

#### **BURRITO RANCHERO**

Choice of shredded beef or chicken in a large flour tortilla with refried beans, cheese & ranchero sauce. Served with spanish rice, and fresh chips & salsa.

8-24 ...... \$12.00 25+ ..... \$11.00 50+ ..... \$10.00

#### TACO BAR

Chicken, shredded beef or carnitas with corn tortillas, shredded lettuce, tomatoes, grated cheese, sour cream and cilantro. Served with spanish rice, pinto beans, and fresh chips & salsa.

8-24 ...... \$12.75 25+ ..... \$11.75 50+ ..... \$10.50



# PASTA BUFFET

Choice of:

ITALIAN LASAGNA

**VEGETARIAN LASAGNA** 

STUFFED PASTA SHELLS

PENNE MARINARA

#### SPINACH MANICOTTI

Served with choice of Caesar or mixed green salad & dinner rolls.

One Selection:

8-24 ...... \$10.75 25+ ..... \$9.75 50+ ..... \$9.25

Two Selections:

8-24 ...... \$12.75 25+ ..... \$11.75 50+ ..... \$11.25

#### **DELUXE PASTA BUFFET**

Choice of:

CHICKEN ROTOLO BOLZANO

**VEGETARIAN ROTOLO BOLZANO** 

TORTELLINI WITH CREAMY PESTO

CHICKEN RIGATONI

CHICKEN ALFREDO LASAGNA

**RAVIOLI WITH ROASTED RED BELL PEPPER SAUCE** 

**ROTELLI WITH GRILLED VEGETABLES** 

Served with julienne vegetables, caesar or mixed green salad & dinner rolls.

One Selection:

8-24 ...... \$12.75 25+ ..... \$11.75 50+ ..... \$11.25

Two Selections:

8-24 ...... \$14.75 25+ ..... \$13.75 50+ ...... \$13.25

# HEALTHY LUNCH

#### HEALTHY LUNCH #1

**MEDITERRANEAN VEGETABLE WRAP** Whole wheat tortilla stuffed with grilled vegetables, feta cheese, Kalamata olives and romaine lettuce with pesto spread.

WHOLE WHEAT PASTA SALAD AND MINTED WINTER FRUIT SALAD

8-24 .....\$12.75 25+ .....\$11.75

HEALTHY LUNCH #2 (served room temperature)

POACHED SALMON BRUSHED WITH A FRESH DILLED LEMON SOY GLAZE ON A BED OF FRESH SPINACH

JASMINE RICE OR CITRUS RICE SALAD, STEAMED VEGETABLES, FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24 .....\$16.75 25+ ....\$14.75

#### **HEALTHY LUNCH #3**

CHICKEN PICCATA IN A LIGHT LEMON SAUCE WITH CAPERS

STEAMED BROWN RICE, STEAMED VEGETABLES, FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24 .....\$14.50 25+ .....\$13.50

#### **HEALTHY LUNCH #4**

**GRILLED GREEK CHICKEN KABOBS** 

RICE PILAF, GREEK SALAD WITH GREEK VINAIGRETTE, PITA BREAD

8-24 .....\$12.75 25+ ....\$10.75

ADD GRILLED MARINATED VEGETABLES ......\$2.75 / person

ADD HUMMUS .....\$1.95 / person

#### **HEALTHY LUNCH #5**

CHICKEN TUSCANY Grilled Italian spiced chicken breast, topped with sautéed grilled vegetables

& onions.

RED ROASTED GARLIC POTATOES, MIXED GREEN SALAD WITH HERB VINAIGRETTE, FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24 ......\$12.75 25+ .....\$11.75

#### **HEALTHY LUNCH #6**

#### LEMON PEPPER CHICKEN BREAST

STEAMED BROWN RICE, WILD MUSHROOM & ASPARAGUS SALAD

WITH BALSAMIC VINAIGRETTE, FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24 .....\$12.75 25+ .....\$10.75

#### **HEALTHY LUNCH #7**

MANGO PAPAYA CHICKEN Grilled chicken breast, topped with mango papaya glaze.

GREEN BEANS WITH DILL & SHALLOTS, MIXED GREEN SALAD WITH LEMON BASIL VINAIGRETTE,

FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24 .....\$12.75 25+ .....\$10.75

HEALTHY LUNCH #8 (vegetarian)

PENNE WITH SUNDRIED TOMATOES, FETA CHEESE, BASIL & PINENUTS IN OLIVE OIL, GARLIC & MARINARA

GRILLED MARINATED VEGETABLES, CAPRESE SKEWERS INFUSED IN A BASIL PESTO OIL,

CAESAR OR MIXED GREEN SALAD, FRESH BAKED ROLLS WITH SMART BALANCE SPREAD

8-24 .....\$13.75 25+ .....\$11.75

HEALTHY LUNCH #9 (soup & salad)

#### VEGETABLE OR LENTIL SOUP

PEAR & WALNUT SALAD WITH GRILLED CHICKEN BREAST, FRUIT SALAD

8-24 .....\$12.75 25+ .....\$10.75